Research Reflection Tool

**Step 1.** Make a list of things that stood out for you in the research. This might include things that were surprising to you as well as things that affirmed your own experience.

**Step 2.** Identify up to three things from Step 1 that you think are most powerfully related to:
- Instruction or practice
- Student outcomes, work, or behavior
- Affirming and empathizing
- Peer-like interactions
- Joint problem solving
- Targeting successes, strengths, and positives
- Redirecting to the positive without minimizing challenges
- Responding to needs without letting the conversation become unfocused

**Step 3.** Draft a reminder that describes one thing you learned today that you would like to integrate into your practice. Write your final reminder on an index card that you can keep with you.